



For better  
mental health

## **NEW TRUSTEES: BRIEF FOR APPLICANTS**

City and Hackney Mind is seeking new Trustees who share our vision of a society that promotes and protects good mental health for all, and that treats people with experience of mental distress fairly, positively, and with respect. The basic commitment for a trustee is to attend Board meetings every two months from 5.45 pm to 7.45 pm and to attend one of our sub committees. Most (but not all) Trustees sit on one of the Board's Sub-Committees which meet on average some four times a year. Trustees are also expected to give their comments or advice by e-mail and attend occasional ad hoc meetings for particular purposes from time to time.

### **Essential requirements**

Applicants must demonstrate understanding of and commitment to the general duties of Trustees (as set out in the attached "Role Description"). They must be able to deliver the time commitment described above in a generally reliable manner. Other essential general qualities include:

- Deep commitment to the mission and ethos of the City and Hackney Mind
- The ability to participate fully in high quality strategic thinking and debate
- The ability to work as a member of a team and to question and challenge where appropriate
- Commitment to diversity and equal opportunity

### **Desirable skills and experience**

City and Hackney Mind is interested in recruiting three or more new Trustees with exceptional ability and commitment, whose experience between them will enhance the Board's insight into:

- Fundraising
- Charity Governance and Financial Management
- Human Resources Management
- Legal Issues
- Direct experience of mental health services

City and Hackney Mind would welcome applications from people with diverse backgrounds and experience. City and Hackney Mind aims to embrace diversity and equal opportunities in all dimensions of its work.

If you would like a confidential discussion or information additional to this pack, please do not hesitate to telephone the Director, Krishna Maharaj on 020 8525 2306.

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This is a very exciting and promising juncture in the development of the City and Hackney Mind. As explained elsewhere in the pack, City and Hackney Mind has a fine track record of achievement which has earned widespread respect. It is a source of encouragement and hope to many people experiencing mental distress who would otherwise find it difficult to obtain support. To achieve that requires the energetic participation of committed new Trustees who want to use their skills and experience in a charity which has huge potential for good. We warmly welcome applications from all who would like to take this further.

Thank you very much for your interest.