



For better
mental health

Counselling and Prescribed Drugs Project

VOLUNTEER COUNSELLOR

We are looking for volunteer counsellors to see clients who are referred to our generic counselling service.

We would need you to commit yourself to working for the project for a minimum period of one year. You would be expected to see three clients each week, and each client is usually offered a contract of 15 weeks. You would also be expected to attend a fortnightly supervision group with a psychotherapist employed by the Project, attend a quarterly meeting with the Project Manager, as well as complete all necessary paperwork and maintain records of client development.

Travel costs will be paid.

A short training programme/introduction to MIND will be given and additional training will be provided.

We are looking for volunteers who:

- Have completed **at least** 1 year of **diploma** training, have substantial relevant experience and are **continuing/starting** their second year of diploma at time of application
- Have experience in using counselling skills or working in a related field e.g. nursing, social work
- Have an understanding of Equal Opportunities and issues of cultural difference and diversity in relation to counselling
- Are having ongoing personal therapy and will continue to do so **throughout** the placement
- Have excellent organisational skills and can complete all necessary paperwork involved with the project to appropriate deadlines

We particularly welcome applications from African and Caribbean counsellors who are currently under-represented in our Volunteer Team.